Introduction

Conversations and information exchange on dental health should be encouraged to promote good dental hygiene practices and lifelong learning for children and their families. Dental health will be included as part of everyday practice at Kemblawarra Public School Preschool.

Goals – What are we going to do?

*Kemblawarra Public School, Preschool’s* will promote dental health. Staff will encourage parents to provide nutritional foods for their children, avoiding food and drinks that have a sweet and sugary content. Water will be available at all times for the children to drink throughout the day.

Strategies - How will it be done?

The Educators will:

1. Ensure access to safe drinking water at all times.
2. Include dental health practices in the daily program;
3. Support children to access dental health resources for research, exploration and identification. These resources will be available through books, posters and visual aids;
4. Talk with children about dental health during the day. This can be done by encouraging children to drink water throughout the day;
5. Pay particular attention to meal and snack times where children will be encouraged to drink water after eating and before rest times, to rinse their mouths;

Evaluation

Children are encouraged to be provided with nutritional food and drink from home to reduce exposure to tooth decay. Dental health practices are role modeled and encouraged at the service and information on dental health is made available to families.

**Links to National Quality Standards/Elements: 2.1, 2.2**

**Links to Education and Care Services National Regulations: 77-79, 168.**