Introduction
Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contributes significantly to the lifetime risk of skin cancer. Australia has the highest rate of skin cancer in the world.

This policy is followed all year round. The policy incorporates OSHC and vacation care programs if held on centre grounds.

Goals - What are we going to do?
*Kemblawarra Public School, Preschool staff* will act as role models in line with the SunSmart program role modelling requirements and OHS standards.

*Kemblawarra Public School, Preschool staff* are required to adopt all protective measures put in place by their employer as part of employee OHS responsibilities.

Strategies – how it will be done

*Kemblawarra Public School, Preschool staff* will abide by the SunSmart policy which has been developed to ensure that all children and staff are protected from damaging levels of ultraviolet (UV) radiation from the sun.
All children and staff use a combination of sun protection measures throughout the day to ensure they are all protected. Particular care is taken between 10 am and 3 pm when UV levels reach their peak.

**Educators of Kemblawarra Public School, Preschool** will ensure to the best of their ability that the following are provided:

1. **Shade:** make sure there is a sufficient shade in the pre-school grounds. Shaded areas are considered when planning excursions and outdoor activities. Children are encouraged to use available areas of shade when outside. Children who do not have appropriate hats or outdoor clothing are asked to play in the shade.

2. **Clothing:** When outside, children are required to wear loose fitting clothing that covers as much skin as possible. All clothing is required to have sleeves extending as close to the elbow as possible, collars to protect the neck and longer style shorts and skirts extending as close to the knee as possible. (Please note: Singlet tops and cap sleeves do not offer enough protection and are therefore not accepted.)

3. **Hats:** Children are also required to wear hats that protect their face, neck and ears, i.e. legionnaire, broad-brimmed or bucket hats. (Please note: Baseball caps do not offer enough protection and are therefore not accepted.)

4. **Sunglasses:** [at parents discretion] Children and staff are encouraged to wear close fitting, wrap around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.

5. **Sunscreen:** SPF 30+, broad spectrum, water resistant sunscreen is available for staff and children's use. Sunscreen is applied at least 20 minutes before going outdoors and reapplied every two hours. It is not used to extend time outside.

6. **Role modelling:** Staff act as role models by:
   - wearing sun protective hats (broad brimmed, bucket or legionnaire hats) and clothing, and sunglasses when outside (please note that baseball caps are not considered sun protective).
   - applying SPF 30+ broad spectrum, water resistant sunscreen
   - seeking shade whenever possible
   - Sharing information about sun protection
   - The children learn about skin and ways to protect their skin from the sun.
   - The sun protection policy is reinforced through staff and children's activities, and preschool displays.
   - Staff and families are provided with information on sun protection through family newsletters, noticeboards and meetings.
   - When enrolling their child, families are:
     - Informed of the pre-school’s sun protection policy
     - Asked to provide a suitable hat for their child
     - Asked to apply SPF 30+, broad spectrum, water resistant sunscreen to their child in the morning. Sunscreen will be provided by Kemblawarra Public School, Preschool
     - Required to give permission for staff to apply sunscreen to their child throughout the day
     - Encouraged to practice SunSmart behaviours themselves when at the pre-school
Evaluation

*Kemblawarra Public School, Preschool’s* routine incorporates sun safety throughout the day and demonstrates sun smart behaviours.

- Management and staff monitor and review the effectiveness of the sun protection policy every two years and revise the policy when required.

**Links to Elements**

*National Quality Standards; 2.3.2, 7.3.5*